Mt Duneed Regional Primary School News
Williams Rd, Mt Duneed VIC 3217. Phone: 5264 1230 Mob: 0409 526 412 (emergency only)
Email: mt.duneed.regional.ps@edumail.vic.gov.au
Wednesday, 5th October 2016. Edition 16—Printed Fortnightly
‘YOU CAN DO IT’ Term 4 Focus — “Confidence”

Principal’s Report
Welcome back to school and the last term of the year! Where has the year gone?
Our Preppies are getting bigger and ready for year one, our year six students are beginning to chat about secondary school and generally it is a time of change. Therefore it is important to acknowledge that with impending changes, children often get worried and possibly a bit unsettled. They may not say anything or express their feelings, but it is often in the back of their minds and can cause them to become more anxious or emotional. As teachers and parents it is good to acknowledge any concerns, answer any questions but then try to keep the daily program as normal and calm as possible.

Early December we will hold a ‘One Up’ session where students will meet their new classmates for 2017 and hopefully their new teacher. Once children see who is in their class, visit their new classroom and know who their new teacher will be, they tend to settle down and mentally begin the process of adapting to the changes. Our life is full of change and it is important that we support and guide our students through the transition process and build skills to cope with new challenges. Developing Resilience strategies is key.

Prep Transition
To further support our students through major change, our 2017 Prep transition sessions will begin on Friday October 21st and will run over six sessions. One of the sessions will include a pre-prep screening with our network support staff. This session is valuable as it often alerts parents and staff to any potential speech or developmental issues and allows us to plan for early intervention strategies.

2017 intentions
I am in the process of planning staffing and classes for 2017. This year I am trying something different. Instead of all families having to return a form with their intention of returning to Mt Duneed RPS for the following school year, please send a written note to the office if your child is NOT returning to MDRPS in 2017. The year six students leaving for secondary schools have already been accounted for. The note needs to be sent to school by the end of October at the latest.

Music Bus
The Music Bus program which offers a number of weekly instrumental lessons began at school today. It is a ‘user pay’ service with bookings and payment done online or through the company directly. If you require further information there are some brochures in the office foyer or you can access it through www.themusicbus.com.au or on 1300 168 742.

Swimming Program
The two week whole school swimming program has commenced at Leisurelink. The students are very organized and giving 100% effort. A few changes in groups always happens in the first few days, but by now most groups are settled. If you pick your child up from the pool, please notify the classroom teacher and the office if your child will not be using the normal Connewarre or freshwater Creek after school bus.

Sun Smart
All students need to wear their broad brimmed school hat in term 4 and term 1. Hats can be purchased from the office.

Staffing
Welcome back to Casey Burrill who has returned from Family Leave and is busy taking art lessons and arranging some senior students to perform during the ‘Music Count Us In’ event.
Welcome to Georgina Giglio who has also returned from Family Leave and has replaced Anna Galle in Prep G.

Julie Makin

<table>
<thead>
<tr>
<th>EVENT CALENDAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
</tr>
<tr>
<td>-------</td>
</tr>
<tr>
<td>Mon 3rd-Fri 14th Oct</td>
</tr>
<tr>
<td>Wed 5th Oct</td>
</tr>
<tr>
<td>Mon 10th Oct</td>
</tr>
</tbody>
</table>
| Wed 12th Oct | • Geelong & Bellarine Div Basketball Day, MDRPS girls team playing  
              • Finance committee, Curriculum & Welfare meeting 7pm  
              • School Council meeting 7:30pm |
| Wed 19th Oct | GEELONG CUP HOLIDAY—No school |
| Fri 21st Oct | 2017 Prep Transition Day #1—RED & GREEN groups, 9:15-10:45am |
| Fri 28th Oct | • Prep-Yr2 Athletics @ Landy Field, info to come.  
              • Year 6 photos |
| Thur 3rd Nov | Music Count Us In performance |
| Fri 4th Nov | 2017 Prep Transition Day #2—RED & BLUE groups, 9:15-10:45am |
| Fri 11th Nov | • 2017 Prep Transition Day #3—GREEN & BLUE groups, 9:15-10:45am  
               • MOVIE ON THE MOUNT—Zootopia |
| Fri 18th Nov | • 2017 Prep Transition Day #4 Session 1 9-10am RED group  
               Session 2 10-11am GREEN group  
               Session 3 11:30-12:30pm BLUE group  
               • Year 2 Sleepover, information to come |
| Fri 25th Nov | • 2017 Prep Transition Day #5—all groups to attend, 9:15-10:45am  
               • 2017 Parents Morning Tea with The Principal, 9:15-10:15am |
| Fri 2nd Dec | 2017 Prep Transition Day #6—all groups, 9:15am-12:00pm |
| Mon 12th Dec | Yr 6 Graduation Night @ Belmont Bowls Club, |
| Tues 20th Dec | END OF TERM 4. Whole school assembly @ 12:50pm. Dismissal @ 1:30pm |
NOTES SENT HOME
Listed below are notes that will be or have been sent home over the last week:

- Change of Bus Stop location at Warralily letter – all Connewarre bus travellers.
- Division Basketball permission forms—qualified girls team members.
- S.S.A. Prep- 2 Junior Athletics Parent Helper Assistance note—all prep to yr 2 students.
Contact your child’s teacher if you have not received the appropriate notes listed above.

TERM 4 BUS TRAVEL PAYMENT FOR FARE PAYING FAMILIES ARE OVERDUE
Payment of $120.00 per fare paying child or Term 4 Bus travel must be PAID NO LATER THAN FRIDAY, 7TH OCTOBER
Application forms for bus travel are available from the office.
Student bus passes MUST be attached to school bags to enable children to access the bus to and from school.
NO CURRENT OR PAID BUS PASS—NO BUS TRAVEL.

STUDENTS OF THE WEEK

PrepG

Edi Jaques- for always walking through the door with a smile on her face and being kind to everyone.

Sienna Currie- for always following classroom promises and trying her best at swimming.

1/2K

Jorja Svoboda- For working towards and achieving her reading goal.

Curtis Broadhead- For persisting even when things become challenging.

1/2L

3/4C

Jordan Bentley- for kindly sharing his goggles with a classmate on the first day of swimming.

3/4G

All 3/4K students- for their excellent start to term 4.

5/6B

All 5/6B- for coming back to school full of vitality, questions, laughter and ready to learn

5/6K

Olivia Grey- for always being such a positive and responsible member of the 5/6 community

Jeremy Palmer- for consistently following classroom rules and being an outstanding role model to all students

TERM 4 LUNCH ORDERS - PARENT HELPER ROSTER
We need parent helpers to take lunch orders to Grovedale Take Away in Marshalltown Rd by 10:00am Thursday morning or Friday pick up lunch orders & deliver to school office by 1:30pm. If you are able to assist contact the office to add your name to the roster.

<table>
<thead>
<tr>
<th>Week 1</th>
<th>12H</th>
<th>Oct 6th</th>
<th>NO LUNCH ORDERS</th>
<th>Oct 7th</th>
<th>DURING SWIMMING PROGRAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 2</td>
<td>12K</td>
<td>Oct 13th</td>
<td>NO LUNCH ORDERS</td>
<td>Oct 14th</td>
<td>DURING SWIMMING PROGRAM</td>
</tr>
<tr>
<td>Week 3</td>
<td>12L</td>
<td>Oct 20th</td>
<td>?</td>
<td>Oct 21st</td>
<td>?</td>
</tr>
<tr>
<td>Week 4</td>
<td>12M</td>
<td>Oct 27th</td>
<td>?</td>
<td>Oct 28th</td>
<td>?</td>
</tr>
<tr>
<td>Week 5</td>
<td>34C</td>
<td>Nov 3rd</td>
<td>?</td>
<td>Nov 4th</td>
<td>?</td>
</tr>
<tr>
<td>Week 6</td>
<td>34G</td>
<td>Nov 10th</td>
<td>?</td>
<td>Nov 11th</td>
<td>?</td>
</tr>
<tr>
<td>Week 7</td>
<td>34K</td>
<td>Nov 17th</td>
<td>?</td>
<td>Nov 18th</td>
<td>Heather Felstead</td>
</tr>
<tr>
<td>Week 8</td>
<td>56B</td>
<td>Nov 24th</td>
<td>?</td>
<td>Nov 25th</td>
<td>?</td>
</tr>
<tr>
<td>Week 9</td>
<td>56K</td>
<td>Dec 1st</td>
<td>?</td>
<td>Dec 2nd</td>
<td>?</td>
</tr>
<tr>
<td>Week 10</td>
<td>56L</td>
<td>Dec 8th</td>
<td>?</td>
<td>Dec 9th</td>
<td>?</td>
</tr>
<tr>
<td>Week 11</td>
<td>No Lunch orders</td>
<td>End of Term 4</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CONFIDENCE means knowing that you will likely be successful and that people will like you. It means not being afraid to make mistakes or to try something new. It means looking and sounding confident. Examples of confident behaviour are raising your hand in class to answer a hard question, doing hard work without asking for help, sharing a new idea with a teacher or the class, starting a conversation with a new classmate and standing up straight and speaking with a firm voice.

Positive Habits of the Mind that help develop a young person’s Confidence include:

- **I Can Do It** – thinking that I’m more likely to be successful than I am to fail.
- **Accepting Myself** – not thinking badly about myself when I make a mistake.
- **Taking Risks** – thinking that it’s good to try something new even though I might not be able to do it.
- **Being Independent** – thinking that it’s important to try new activities and to speak up even if my classmates think I’m silly or stupid.

**Spotlight on PE—Term 4, 2016**

Throughout 2016, students have shown an amazing attitude and effort when it comes to being physically active at Mount Duneed Regional Primary. They have worked together with positive attitudes to achieve team goals, and support each other through challenges they face within PE. We are now into our last term of PE for 2016 and it is turning out to be a very busy but eventful period. Here is what is in store for our students leading up to the summer holidays:

**Prep - 2 Units**—The junior year levels will be busy early in term 4 practicing and preparing themselves for their Athletics Carnival that is on Friday 28th October. Students will be familiarizing themselves with each event so that they are confident and comfortable to participate on the day. There will be no back up day for this carnival so fingers crossed the weather is permitting!

Students in the junior unit will be also getting a taste of a range of ‘major sports’ once we have finished our Athletics training and Carnival day. This is to give students a basic knowledge and understanding of these sports leading into the senior year levels.

**3 - 6 Units**—The Senior Unit will also have an active term 4 of PE to work their way through in 2016. The students will be completing their post testing of a range of fitness exercises to see if they have made any improvements from the beginning of the year.

Following this the students will be participating in the major sports of both Hockey and Cricket to finish off our eventful year of PE. The students are very eager to improve their skills for these sports, and the expected warmer and drier weather will give us the perfect setting to do so!

**2016 Fun Run**—Unfortunately due to poor weather, our school Fun Run was postponed in term 3. The good news is that all students will be now be completing this during term 4 where we will aim for perfect running weather! Students have shown great enthusiasm and have done a great job raising money for our school through this event. A date will be locked in for this term when the weather has improved and allow our oval to not be wet and muddy. Students will be notified once this happens.

The Mt Duneed students’ are becoming very aware of the benefits of living a healthy lifestyle. Getting a positive balance between physical activity and sedentary behaviour is always a tricky thing to do, but it is of high importance to your health. Here is a link that will help explain this relationship if interested: [http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubhlth-strateg-phys-act-guidelines#apa512](http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubhlth-strateg-phys-act-guidelines#apa512)

**School Policies**

For the last two years we have been reviewing current policies and implementing new ones to comply with the Victorian Registration and Qualifications (VRQA) requirements as part of our school review. These policies have now been published in a Policy Manual, which is available at the office. We will also be updating our website to ensure our policies are current and relevant.

**Child Safe Standards**

The Victorian Government is committed to the safety and wellbeing of all children and young people. As part of the Victorian Government’s commitment to implementing the recommendations of the Betrayal of Trust report, which found that more must be done to prevent and respond to child abuse in our community, there is a new regulatory landscape surrounding child safety, underpinned by the new PROTECT Child Safe Standards.

The Child Safe Standards are compulsory minimum standards for all Victorian early childhood services and schools, to ensure they are well prepared to protect children from abuse and neglect.

We have written a new Child Safe Policy which specifically states we have ‘a zero tolerance of child abuse’. Along with this policy we have a Code of Conduct for all staff, visitors and volunteers, what to do in the case of an allegation and an incident report template. More information regarding the standards can be found at [PROTECT – Child Safe Standards](http://www.education.vic.gov.au/about/programs/health/protect/Pages/default.aspx) by visiting the following link: [http://www.education.vic.gov.au/about/programs/health/protect/Pages/default.aspx](http://www.education.vic.gov.au/about/programs/health/protect/Pages/default.aspx).

Should you have any cause for concern we have a procedure to follow, with your first contact being our Child Safety Officers (Julie Makin and Carrie Rowe).
CAN YOU HELP— we are looking for parents helpers to assist with the following:
⇒ A Secondhand uniform coordinator.
⇒ Run Secondhand uniform sales on assembly day.
Please contact the office if you are able to help.